

Objectives • Explain what causes pressure • How to work under pressure • How to work under pressure without breaking • How to communicate under pressure • How to thrive under pressure • When the going gets tough... the tough • How to get the desired outcome when things are going wrong • How to measure desired outcomes • The desired goal realized

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Blue Lives Matter

- On Jan. 18, Andrew Michalak of Gastonia, N.C., was driving home from work when he hit a parked car. Police officers responding on the scene said later that Michalak was acting strange, erratic and "incoherent."
- That's when Michalak reached for an ice scraper underneath his seat, according to WSOC-TV in Charlotte, N.C. Officers, fearing he had a weapon and was on drugs, tackled him and arrested him on suspicion of driving while intoxicated and assault, placing him in handcuffs
- "(Michalak) just went from being so out of it to being perfectly normal,"
 Ewers told WBTV in Charlotte. Michalak also told Ewers that he had been having seizures and persuaded him to call the restaurant where he worked so that his boss could confirm his story.

- Ewers, who told WSOC he has been trained to spot physical illnesses, decided to drop the charges against Michalak and instead recommended that he see a doctor.
- Not long after that, Ewers, along with other members of the Gastonia police department, received thank you notes from Michalak.
- As it turns out, Michalak did visit a doctor, who informed him that his seizures were the result of Stage 4 lung cancer that had spread to his brain.
 As a result, Michalak started receiving treatment, and despite his diagnosis, he says he is grateful to the men who spurred him to get help before it was too late.

 $\frac{http://www.msn.com/en-us/news/good-news/officers-tackled-him-to-the-ground-and-handcuffed-him-he-says-they-saved-his-life/ar-AAogzKK?li=AAk6ORB&ocid=spartanntp$

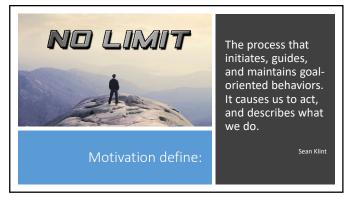
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Leadership Competencies... set the culture

- (1) solid knowledge of business or business acumen;
- (2) a capacity to facilitate and implement change; and
- (3) influencing skills



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Pearls • There are essentially three types of pearls: natural, cultured and imitation. • Natural Pearls form when an initiant usually a parasite and not the proverbial grain of sand - works its way into an oyster, mussel, or clam. As a defense mechanism, a fluid is used to coat the irritant. Layer upon layer of this coating, called there, is deposited until a lustrous pearl is formed.

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Diamonds A diamond is one of the most expensive and precious of gems. Do you know how a diamond is made? It starts with a piece of coal, just like this. How could this piece of coal ever become a diamond? Deep in the earth, instrume pressure, and immord. A diamond is the insulation of gems and is just as useful to industry as it is useful and insulation a diamond kind of person, then we must willingly put up with the trials and tribulations that shape and form our character

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What normally causes pressure?

- Conflicting priorities
- Conflicting perspectives
- Excessive workloads
- Inadequate training
- Inadequate resources
- Failure in leadership establishing the culture
- Personality issues



Quote from course

In all integrative negotiations it is important to keep in mind the tips of principled negotiation. Separate the people from the problem. It is possible to be soft on people but still hard on the problem, even if you perceive the people as the reason for the problem.

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Excellence in all things

- Know and understand the standard
- See pressure is an opportunity
- Focus on the task
- Plan for the worst, hope for the best
- Take control
- Share the causes of pressure

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Secrets to working under pressure

- The science of doing your best when it matters
- Ensuring that you take care of your mental state
- Successful people are better at mitigating the effects of negative pressure
- Think of high pressure as a fun challenge (bowling), build challenging thinking into daily li





Hot Dog Buns

1
LOVE
WORKING
UNDER

Necessary Tools





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Continued...

- Focus on the task, not the outcome
- Expect the best, plan for the worst. Allow preparation to be your friend... scenarios
- Take control
- Flashback to past successes
- Cultivating a positive attitude goes a long way



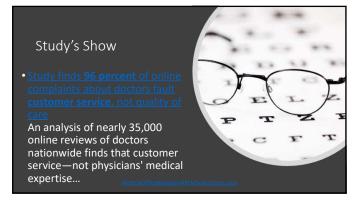
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Cont...

- Listen to music or make some... reduces the culprit behind coking
- Create a pre-performance checklist
- Short timelines
- Slowdown
- Share the pressure













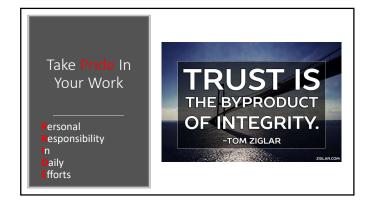


















At Disney's parks, guests are treated to re-creation of famous Disney settings. Visiting the various areas of the park, guests are immersed in the Disney service experience and feel as if they're a part of Disney. Every detail of the settings counts towards creating that magical customer experience.

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Think of your last Disney experience? What were the people like? At Disney, all "Cast" Members (Employees at the Park) are friendly, approachable, and helpful without being condescending or mechanical. I recently was at Disneyland with my family and as we entered the park at opening time, we were greeted as we walked down Main Street by smiling, happy, employees waving to guests with giant Mickey Mouse hands. At Disney, every team member knows, studies, and understands the behaviors, mannerisms, terms, and values that are specific to his or her job function. Every job function is measured against the core service values of the organization.



At Disney, team members are trained to look for combustion points. Combustion Points are where even finely tuned, positive customer experience processes break down, creating negative customer experiences. Where are the combustion points at your organization and within your team? What are your positive customer service experience creating areas where because of break downs, system failures, or poor performance by team members, negative experiences breed? Disney focuses on uses cast-guest communication, guest-flow, and service attention processes to eliminate or control these points.

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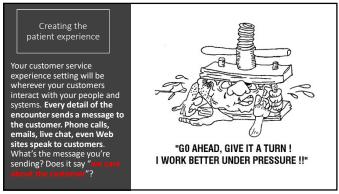
- There are five powerful lessons in business, lessons carefully developed by the Disney organization in its never-ending pursuit of excellence. These universal pillars of a successful business:
 - creativity/innovation
 - · leadership excellence
 - customer experience
 - brand loyalty
 - employee engagement
- These are the keys to sustained business excellence. Together, these lessons forge an enduring bond between inspired leaders, motivated employees, satisfied customers and an ability to continually recreate and grow the brand.

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At Disney, leadership is not defined by your title — it's defined by your actions. Our <u>leaders proactively work to align their values with the Company's vision</u> and the result is a motivated, innovative, and productive workforce. We believe every leader has the opportunity to serve as a role model for future generations and that the way you lead tells a story about your values and creates a leadership legacy

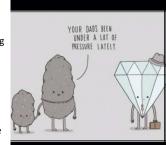




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Contrast Norms

- Many medical leaders are not normally given any leadership training
- Normally we accept the most senior person, even if they do not have the best leadership skills
- Most doctors do not enjoy confrontation
- Most offices without clearly delineated leaders suffer with morale issues





What do customers remember more —

products or people? When Walt Disney determined the answer was people, he hit upon a fundamental business truth that led to the immediate and sustained success of The Walt Disney Company. At Disney, we synchronize the mission of each Cast member with the culture of the whole organization to create an extraordinary Guest (customer) and Cast (employee) experience. How do we do this? It starts with extraordinary attention to detail in our hiring and training processes that ensures we hire and develop people who fit our culture. We then create and nurture a work environment that reinforces engagement.

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Ophthalmic Contrast Norms

Most offices:

- Do not have a formal orientation process or formal training program
- Staff are not adequately trained prior to being expected to perform with excellence



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Disney's Empowerment

Though considered a global leader in creativity and groundbreaking entertainment, the constant of the course, Disney shares methods that can be employed immediately, and with little to no cost, to maximize the rich resources every organization already has – your people! Disney understands that engaging and encouraging the imaginative power of employees creates a lasting competitive advantage and maximizes an organization's potential.





The long-standing reputation Disney has for incredible service and friendly employees is not just magic, it is a sound service philosophy consistently applied in business. No matter your industry or organization, we believe that exceptional service is achievable because you control the factors. At Disney, everyone strives to exceed customer expectations every day because our processes are designed to meet this goal. For more than 80 years, this pursuit of excellence has earned Disney a world-renowned reputation for quality service that you can now begin to adapt for the unique needs of your organization.

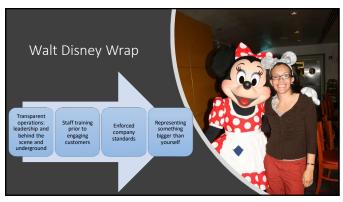
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The Walt Disney Company is one of the most recognized and admired brands in the world. Across the globe, whether producing films, television shows, consumer products or vacation experiences, the Disney brand is trusted to provide a quality entertainment experience.

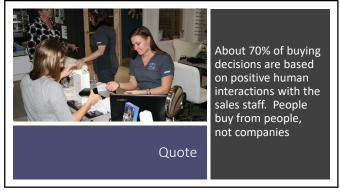
Consumers everywhere know what to expect from Disney. It is this consistency of delivery that differentiates the Disney brand and creates enduring customer loyalty.

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- Leaders decide the level of customer service
- Leadership must be ready to engage on behalf of the staff and the patient evenly... be approachable
- Stand on the side of right at all times, systemic integrity
- Policies sometimes need to be reviewed regularly and even changed
- Don't throw the staff under the bus in front of others... including co-workers

The Top Down Approach

YOU DON'T BUILD A BUSINESS

- YOU BUILD PEOPLE -

AND THEN PEOPLE BUILD THE BUSINESS.

-ZIG ZIGLAR

ZIGLAR.COM

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A Leaders Example

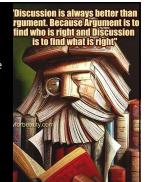
- You never have an excuse for a lack of professionalism, and do the same for your staff
- You are the example for the entire staff, so your actions will be emulated by your staff
- You are the example of acceptable behavior



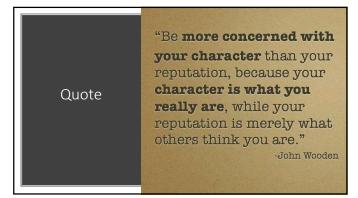
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Leaders Set The Example

- The doctor is the lead and must set the standard for customer care, so you must care
- The staff will take off of your lead
- Shouting does produce positive results





















Everyone Should Smile

- Greeting are important
- People should feel that you welcomed
- You add warmth and humanity to their visit
- Make your attitude contagious
- What ever you feel on the inside will exit on your face



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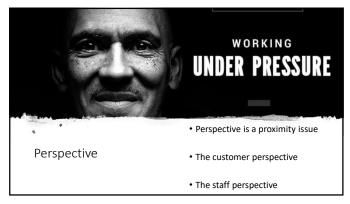


Communicate

- Staying on schedule: important!
- Staff should talk to each other
- Staff should communicate to customers
- Continuous updates



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Be In Control At All Times

- There will be stressful situations
- Never surrender your authority to your emotions
- Get help from a team mate or leadership when you are in too deep
- Never let them see you cry, they will own you



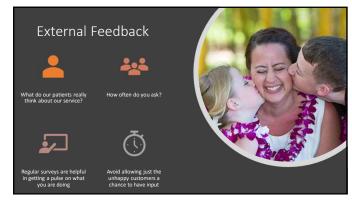
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Staff Training Staff members must be trained on policies Review and changes must be made to facilitate growth Real scenarios without names can be used to educate staff on proper handling of situations







Managing Expectations

- Deliver what you can
- Be honest at all times
- When you make a mistake, own it immediately
- Never make the patient feel uncomfortable
- Two-sided trust is essential



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The Customer Is Not Always Right

- What happens when you cannot meet their needs?
- Give options, never say what you can't do, but tell them what you can do
- Documentation is critical and be specific
- You don't want to lose money, so count the cost
- You don't want to lose the patient

"A lie doesn't
become truth, wrong
doesn't become
right & evil doesn't
become good, just
because it's
accepted by a
majority."







Conflict Resolution

- Situational Awareness
- Get all of the facts
- Listen more than you speak
- Give Options
- Give blank paper... have them write down what they heard, only one speaks at a time
- Control the situation
- Pass the baton when the situation escalates beyond your comfort level or expertise
- Document, Document



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Conflict Cont... when to get outside help!

- When employees are threatening to quit over issue
- Disagreements begin getting personal and respect is lost
- Conflicts are affecting morale and team success



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10% of conflicts are due to a difference of opinion and 90% are due to wrong tone of voice.

DoctorASKY.com





Hot Buttons and Bad Situations

- Facial Expressions
- Subjects
- Attitudes
- Language, tone, and use of words, choose your words wisely
- Location (not in the primary waiting area)
- Humor is rarely welcomed during a difficult situation

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Ways To Diffuse Bad Situations cont...

- Offer options that are within companies policies, let them accept or refuse
- No kitchen sink discussions, one problem at a time
- Take notes, write it all down
- Thank the patient for identifying the issue
- Be prepared to call 911

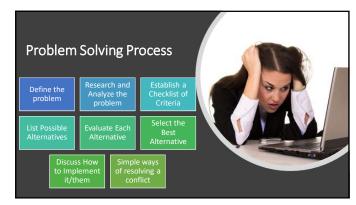
HOLDING A
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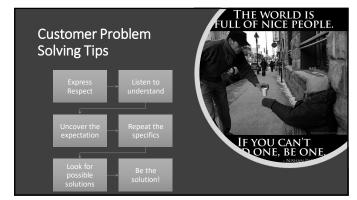
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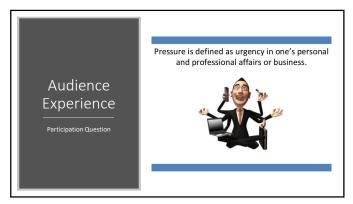
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Customer Problem Solving Tips

- Take action AND follow-up the situation
- Don't propose a solution that you cannot follow through on
- Double check for satisfaction
- Always thank them for bringing forward the problem







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Lasting Memory

- What are the last thoughts of the visit you want them to have
- What made their visit to your office different from any other office
- What can you do to enhance the experience
- Will they go an tell their family and friends about the experience
- You don't want the last encounter to be a



• Please tell me that you treat your family good

• Create an environment that makes the patients want to bring their family members back

• Disney example

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Staff Members Are Linchpins

- Everyone on the team must be prepared to engage the rough situation, so train them
- Customer Service is a team effort and everyone must be prepared to engage in a situation to make the customer happy
- Leaders have to back the employees when they are right



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Some Things Can't Be Discussed

- There are misunderstandings that just cannot be explained away
- Don't make excuses, stay to the facts
- Give acceptable options to the practice and allow the customer to pick one of your choices
- Document the incident immediately and get statements from witnesses







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Spiritual

I turn coal into diamonds, sand into pearls, and a worm into a butterfly . I can turn your life around too!

- God

